

Alekey Aibek

Master of pedagogical Sciences, specialty "Physical culture and sport", senior lecturer of the Department of physical culture and sport of the Eurasian national University. L. N. Gumiley

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Professional experience:

General working experience – 13 years

2017 y-senior teacher in ENU named after L.N.Gumiylev 2004-2017: teacher, senior teacher of sport pulpit of KazNu university named after Al-Farabi

Scholastic degree and rank, scientific school:

Without a scholastic degree, academic degree – magistracy or master's degree

Scientific interests: physical culture and sport

Courses taught:

Legal basis for the management of physical culture and sports (B);

Theory and method of teaching a chosen type of sport (B);

"Features of children's and youth sports in the chosen type of sport" (B);

"Fundamentals of social and legal work in sport" (B)

Publications (favorite):

Total published more 20 articles and 1 schoolbook

- 1. Jakuba V.E., Alikey A. Classification of judo technique: schoolbook. Almaty: Kazakh University, 2013. 122 p.;
- 2. Study wrestling and training features of heavyweight wrestlers// The past, present and future of Kazakh wrestling: materials of scientific-practical conference., The 13th of November, 2013, Astana, Pp. 106-110p.;
- 3. On the issue of improving the health effect of physical education classes with students with disabilities in health status Bulletin of Physical culture 2014, №4, Pp. 69-73;
- Ways to improve the wrestling quality of Kazakh fight// Materials in the 45th scientific-methodical conference "Integration of Education, Science and Business as a Innovative Development Economy" book 4, Almaty 2015 year. Pp. 17-22
- 5. "Study of anthropometric indicators of hockey players of high qualification", Bulletin of Physical Culture, 2015 year, 41, №3, Pp.28-33
- "Study of the dynamics of development of physical qualities involved in the influence of recreational aerobics" Bulletin of Physical Culture, 2015year, 41, №3, Pp. 66-71
- 7. "Study of general and special endurance of athletes specializing in ice hockey in the preparatory period of training" Bulletin of Physical Culture, 2015year, 41, №3, Pp. 72-75
- 8. The basis for the effectiveness of the use of static exercises at the initial stage of training in bodybuilding "Khabarshi-Bulletin Eurasian National University. L.N. Gumilev", 2016 year, 1, №1, Pp. 25-4
- 9. The use of heart rate variability in the physical education of female students with deviations in the state of health Theory and methods of Physical Culture., 2017 year, №1, Pp. 109-117

Refresher courses

- 1. Enhancment of qualifications in the Republican Institute for Advanced Training of Leading and Scientific-Pedagogical workers of the Education System of the Republic of Kazakhstan.Branch of JCS "NRLC", 240 h.3.09.2013-24.03.2013;
- 2. Increase of qualification in the State Enterprise "National Scientific and Practical Center of Physical Culture" on specialty 531008 "Physical Culture and Sport" from 18.11-2.12.2014, 72 hours;